

MAX Life Accelerator

Day 5: Mistakes

What can you learn from your past mistakes?

Reflect on your past mistakes, either real, imaginary, or even through others' perception, and examine the feelings you felt. What are the lessons you have learned from these mistakes? Focus on what you have gained by venturing, rather than what you may have lost.

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How can you overcome the fear of making mistakes?

Examine your feelings around making mistakes. Are your fears of having to manage even a tiny setback holding you back from taking potentially rewarding risks? It is true that with great risk comes great reward. How can you change your mindset around making mistakes so that you are more confident in making greater pursuits?

Heather to the MAX